

Goshen Central School District
School Health Services

Physical exams for school sports are valid for 1 year.

If you choose to have your child examined by your health care provider, please submit the completed medical form to the school health office by **October 1st**. If not received by this date, your child will be scheduled for a physical with the school nurse practitioner.

Physicals shall be acceptable if performed not more than twelve months prior to the commencement of the school year in which the examination is required.

Vision, hearing and scoliosis screening will be performed according to the New York State guidelines.

(NYS Law Requires Physicals for Grades: K, 2nd, 4th, 7th, 10th, New Entrants and 7th – 12th Sports Participants)

_____ I will have my child examined by my own health care provider. _____ Completed
 _____ The examination has been scheduled for the following date: ____ / ____ / ____ Form Attached
 _____ I would like my child to be examined in school by the nurse practitioner.

Student's Name _____ **DOB** _____ **Age** _____ **Grade** _____
Height _____ **Weight** _____ **BP** _____ **Vision (R)** _____ **(L)** _____ **Corrected Y N** **Hearing P F**
 Parent's / Guardian's Signature _____ Date _____
 Home # _____ Work # _____ Cell # _____

TO BE COMPLETED BY HEALTH CARE PROVIDER

	Normal	Abnormal	Comments
Gen. Appearance			
Skin, Hair			
Head			
Eyes, Eyelids			
Ears, Eardrums			
Nose, Throat			
Teeth, Gums			
Lymph Nodes, Thyroid			
Lungs			
Heart			
Chest			
Neurological			
Abdomen			
Hernia (if yes, explain)			
Bones, Joints			
Scoliosis			
Urinalysis			
Tanner Stage: I II III IV			Onset of Menarche

- Immunizations Update _____
- Medications _____
* (MD note required if administered in school)
- Known Conditions _____
- Allergies** _____
- Restrictions / Protective Gear _____
- Approved for Sports Y N Date of Physical _____

Provider Signature _____

Print Name or Stamp

Body Mass Index (BMI): _____

Weight Status Category (Sex-Specific BMI-for-age-percentile)

- < 5th
- 85th to 95th
- 5th to < 50th
- 95th and over
- 50th to 85th